

BODY/MIND/SPIRIT

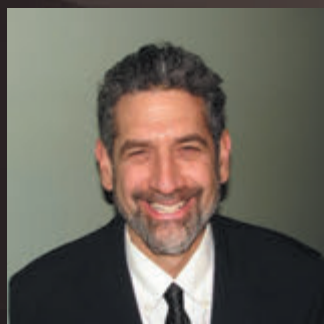
The magic of human life has always fascinated Dr. Ira Kamp. Through his experiences with meditation, he uncovered the mysteries of healing and the human body. In *Journey to Mudryi*, Kamp discusses the basis of energetic, esoteric, and spiritual healing.

He explores many issues relating to physical health and spiritual well-being and weaves both his personal and professional experiences to present a helpful resource for healers and those needing healing.

Journey to Mudryi brings together all forms of healing and shares information on energetic healing useful for acupuncturists, massage therapists, naturopaths, chiropractors, spiritual counselors, and healers, as well as physicians, nurses, and psychologists. It provides a well-rounded understanding of healing to help practitioners create a healing experience that is effective, tolerant, and respectful of each person's path on his or her journey to transformation.

An innovative and deeply personal exploration of how the miracle of healing takes place between the healer and the one in need of healing, told with compassion and wit.

—Marne O'Shae, MD, integrative family physician



Ira Kamp, DDS, graduated from the Emory School of Dentistry in 1978 and completed a dental residency at the New York Upstate Medical Center. He has been in private practice since 1985. Kamp began meditating in 1972. He earned a New York State certification in acupuncture in 1982. He and his wife, Marnie, have four children. He lives and practices dentistry in Ithaca, New York. He is a clinical instructor at the Eastman Institute of Oral Health, University of Rochester, in Rochester, New York.

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JOURNEY TO MUDDRYI

IRA KAMP, DDS



Be realistic; plan for a miracle.
—Osho

THE WISDOM THAT UNDERLIES ALL HEALING

JOURNEY TO MUDDRYI

IRA KAMP, DDS